



Wraxall's School News



Despite the rain outside, the children certainly haven't let the weather dampen their spirits. This week has seen Year 1/2 making some truly delicious fruit salads. They have produced some fantastic instruction writing linked to this. They thought carefully about food miles when they made their fruit choices.

It has been great to see the entrepreneurial skills of our Wraxall children. Tonight Phoebe and Sophie held a sale for 'Friends of the Earth' with help from Eloise and Ruby. They displayed posters around school, wrote a piece for the newsletter and organised the set up and running of their store. A HUGE well done to them for all their hard work and thank you to all who supported this.

This term we have been busy developing our eco provision in school. The school have now achieved the Level 1 Certificate of Achievement from the RHS School Gardening so a big well done and thank you to the children who have been looking after the plants in school. Our Global Champions Committee are now working on their action plans as they aim for the Bronze Eco Schools Award too so more awards to follow later this year, hopefully!

Have a lovely weekend,

Amy Townsend

Dates for your Diary

OCTOBER

- Tuesday 15th - Year 1 & 2 Trip to 'We the Curious'
- Wednesday 16th - Year 5 & 6 Gemini Gym (last session)
- Wednesday 23rd - Change of Menu (see below)
- Wednesday 23rd - Harvest Festival at All Saints Church

November

- Tuesday 5th - Change of Menu (see below)
- Wednesday 6th - Year 3 & 4 – Gemini Gym
- Friday 8th - Mufti Day (FWSA)
- Monday 11th - Remembrance Service
- Tuesday 12th - Parents Evening
- Wednesday 13th - Parents Evening
- Friday 15th - Yr 3 & 4 'Raise the Roof' at Nailsea School

CELEBRATION ASSEMBLY

Stars of the Week

Reception: Charles & Jacob Year 3 and 4: Rollover to next week

Year 1 and 2: Esther & Abigail Year 5 and 6: Harrison & Oliver

Bronze Star Badges go to: Freddie

Well done to Dragon House who had the most work marks
and Griffin House who had the most conduct marks





VALUES CHAMPIONS



This term we are thinking about the value of Responsibility. We have been thinking about the huge impact that small actions can have on others.

ATTENDANCE

Did you know that if you were 5 minutes late for school in the morning 12 times then it is the same as missing a whole hour of school?

If you were 5 minutes late for school every day for 12 weeks that would be the same as missing a whole day of school.



PERMISSION FORMS

Please remember to return these to the school office by Monday 14th October. If you have a child in KS2 please complete the Blue form and dispose of the original white copy that was sent home.

SICKNESS

A reminder that children need to be kept off school for 48 hours since the last episode of sickness or diarrhoea.

SAFEGUARDING & E- SAFETY

“Everyone is responsible for safeguarding”

Wraxall CofE Primary School is committed to safeguarding and promoting the welfare of our pupils. If you are a parent, child, volunteer or member of staff you should share any concern you may have about a child or an adult with either our Designated Safeguarding Lead, Amy Townsend or the Deputy Designated Safeguarding Lead, Tamsin Hayward or the Safeguarding Governor, Becky Cawsey. If this is not possible or appropriate and you need to report a concern yourself the numbers below are the main contacts:

Designated Officer for Allegations (DOFA) 01275 888808 (weekdays 8.45am-5pm or 4.30pm on Friday)

Emergency Duty Team 01454 615165 (outside office hours)

Anyone can refer a safeguarding issue via the NSSCB website (North Somerset Safeguarding Children Board).

If you would like more information then please check out the school website for the LSP Safeguarding Policy and a Wraxall School Policy Summary.

CHURCH NEWS

Mondays 8.30 – 10.00 –Crossta Coffee at Cross Tree Centre,
Wraxall

Saturday 12th October – 10.00 - 14.00

Car Boot Sale at St Batholomews Church, Failand - £10 per car.
Hot dogs and drinks provided.

Wednesday 16th October at 13.30 - Clovis Pastry, Cross Tree
Centre, Wraxall. Clovis , a French pastry chef from Clevedon will
be showcasing some baked delights for you to try before you
buy.

Sunday 20th October 10.00 - ATIC with Communion for Baby
Loss Awareness Week at All Saints Church, Wraxall.

Saturday 2nd November – Pumpkin Fest Day Out, Noah's Ark
Zoo Farm. A church day trip for only £6 per person. Bring lunch
or order food from the café and join us for a parish picnic on the
lawns. Please email Fran if you would to go along at
franmbinding@gmail.com

CHANGE OF MENU

23rd October – Pirate Day

Canon Meatballs
Veggie Nuggets
Golden Rice
'A Ha Me Hearty '
Cupcakes

5th November –Bonfire
Day Hot Dog
Veggie Hot Dog
Wedges & Vegetables
Iced Toffee AppleSponge

FWSA NEWS

*Saturday 12th October - Garden Working Party at All
Saints Church. Volunteers needed.*

Friday 18th October - Cake Sale

**LOOK OUT FOR FURTHER FWSA NEWS WHICH
HAS BEEN SENT HOME TODAY IN THE
CHILDRENS BOOK BAGS.**



The whole concept of social media relies upon users having friends and/or followers. 'Friends' tend to be those with whom users will share their own personal profile. It's usually a mutual relationship with both parties able to engage and interact with everything their friends post online. 'Followers' on the other hand can typically be just one-way relationships and, dependent on the platform, only provide access to certain aspects of an individual's profile, such as a person's content feed. A common trait that often exists between the two however is the desire to gather as many friends or followers as possible.



What parents need to know about SOCIAL PRESSURES LINKED TO 'FRIENDS & FOLLOWERS'



POSSIBLE 'FRIEND ENVY'

Children may compare the number of friends or followers that they have with their own online friends and people they know. In some cases, this could lead to 'friend envy', particularly if they see this as a sign of popularity. This could lead to your child showing signs of jealousy and resorting to sending friend requests to people they don't know that well, or even strangers, in a desperate bid to increase their own status online.



COLLECTING 'FAKE' FRIENDS

Children who feel under pressure to increase their friend count or want to increase their following as quickly as possible can be vulnerable to collecting 'fake' friends. They may, for example, accept friend requests from people they don't know very well or from complete strangers, inadvertently leaving themselves open to online bullies, trolls or even the possibility of being groomed.

OPEN DOOR POLICY

Another way that children can increase their following is by leaving their accounts open so that they can be easily found, and anybody can view their posts. This is in the hope that other users will like their posts and decide to follow them, therefore increasing their numbers. Once again, this can leave your child vulnerable to being followed by strangers or people who have dishonest intentions.

CONSTANT NEED TO PLEASE

As children start to gain more friends or an increasing number of followers, they might start to feel an added level of pressure to provide them with more interesting and likeable content. Almost as if they now have an audience waiting, this constant need to please may be an extra burden that pushes your child into oversharing personal information or posting material that is inappropriate or offensive, inaccurately portraying what they're actually like in the offline world.

FEELINGS OF REJECTION

Just like increasing friends and followers can bring a sense of happiness and satisfaction, so the loss of friends and followers can cause children to suffer feelings of sadness and rejection. Depending on how invested your child is in their social media activities, this could influence their attitude and behaviour offline and potentially have a negative impact on their mental health and wellbeing.

Safety Tips for Parents

BE THEIR FRIEND OR FOLLOWER

The best way to know who your child is friends with online or who follows them is to be their friend or follower yourself. This will allow you to see who your child is engaging with most online or open up discussions about how they know certain people they've added to their network who you haven't heard them speak about before or you yourself don't know.

TURN ON PRIVACY CONTROLS

All social media platforms have their own privacy controls which can be used to help protect children online. For instance, removing the ability for strangers to comment on public posts or having a screening process for friend or follow requests is good practice which can help to ensure your child's experience online is a safer one.

TALK ABOUT STRANGERS

If privacy measures have been put in place, then usually your child will receive a notification if somebody tries to befriend them online. Talk to your child about making sure they don't open up their personal life to people they don't know and that if they are ever in any doubt, they should never accept a friend request from a stranger.

BEHAVE ONLINE AS THEY WOULD OFFLINE

Your child's behaviour online should always be treated as an extension of their behaviour offline. Discuss with your child the pitfalls of trying to be somebody they're not and that trying to please everybody will only make them unhappy. Tell them that they should be proud of who they are and that they should always behave in an appropriate and responsible way when posting content online.

TALK TO THEM ABOUT THE VALUE OF REAL FRIENDSHIP

Social media can often distort what true relationships and friendships should actually be like. It's important to teach your child the value of true friendships and that meeting and speaking to people face to face in the real world, offline, is often a better way to build a more trusting and confident relationship with someone rather than just speaking to them online.

DISCUSS WHAT BEING POPULAR ACTUALLY IS

A higher number of followers can be a measure of popularity but can also lack substance beyond just the number itself. Discuss with your child that popularity can come and go and that a large number of followers doesn't necessarily mean a large number of friends, particularly online where the real value in a relationship cannot be accurately determined.

Meet our expert

Pete Badh is a writer with over 10+ years in research and analysis. Working within a specialist area for West Yorkshire Police, Pete has contributed work which has been pivotal in successfully winning high profile cases in court as well as writing as a subject matter expert for industry handbooks.



PAPAYA



Parents Against Phone Addiction in Young Adolescents



Empowering children to get the best out of technology

An interactive talk full of practical advice for parents

Topics:

- ✓ The impact of technology on children's wellbeing
- ✓ Solutions for parenting in the digital age
- ✓ How to help your family rebalance with tech

SPEAKER DR SUSIE DAVIES

Bristol based mum and GP with an interest in mental health issues in particular relating to over-use of online devices

**Wednesday
October 16th
7-8.30pm**

**The Old School Rooms, Congresbury, BS49 5DY
Tickets at www.papayaparents.com**