

**REAL PE Learning  
Cogs:**

Personal, Social,  
Cognitive, Applying  
Physical, Health and  
Fitness

We provide a high-quality physical PE curriculum inspires all pupils to succeed and excel in competitive sport and other physically demanding activities. It provides opportunities for pupils to become physically confident in a way which supports their health and fitness and opportunities to compete in sport and other activities build character and help to embed values such as fairness and respect. It is our aim that all pupils leave us physically literate and with the knowledge, skills and motivation necessary to lead a healthy, active life and life-long participation in physical activity and sport

**Subject Expertise**

Understanding of:  
Fundamental Skills  
Traditional and non-  
traditional games  
Swimming skills  
Dance (REAL Dance)

**REAL PE Create Development:**

"The Real PE curriculum has been developed to give ALL children the physical literacy, the emotional and thinking skills to achieve in PE, sport and life. It places the learner at the heart of what we do with the ultimate goal of children feeling valued, included, challenged and supported in their learning."

**Systems**

Medium term plans  
Topic Covers  
Support and challenge  
Retrieval of prior learning  
Assessment and tracking