



EYFS Curriculum Goals	Entry Profile Children can:	First Milestone Children can:	Second Milestone Children can:	Third Milestone Children can:	ELG	Links to other areas of learning	Year 1	
Physical Development: Gross Motor Skills	To be ready to learn by developing a strong body and mind.	Begin to show awareness of how to play safely inside and outdoors.	Understand how to play safely and show consideration for the safety of others.	Progress towards a more fluent style of moving, developing their ability to move with control and grace.	Consistently move with fluency, grace confidence and accuracy, ensuring the safety of themselves and others.	Negotiate space and obstacles safely, with consideration for themselves and others.		
		Begin to show their developing strength and balance using appropriate resources (trikes, scooters, large balls).	Engage in opportunities to develop overall body strength, both indoors and outdoors.	Continue to develop overall body strength to begin to achieve good posture when sitting on the floor or at a table.	Develop the overall body strength, coordination, balance, and agility needed to engage in physical disciplines.	Demonstrate strength balance and coordination when playing.		
		Explore different ways of moving within their play, both indoors and outdoors.	Confidently engage in movement play, exploring the different ways we can move our bodies.	Revise and refine the fundamental movement skills they have already acquired, such as rolling, crawling, and skipping.	Consistently display confidence, competence, precision, and accuracy when engaging in these movement-based skills.	Move energetically, such as running, jumping, dancing, hopping, skipping, and climbing.		