



EYFS Curriculum Goals	Entry Point Children can:	First Milestone Children can:	Second Milestone Children can:	Third Milestone Children can:	ELG	Links to other areas of learning	Year 1
<p style="writing-mode: vertical-rl; transform: rotate(180deg);">PSED: Managing Self</p> <p>To be Confident children who can make choices: to play and to learn.</p>	<p>Select and use activities and resources with help when needed.</p> <p>Concentrate on one activity for a short period.</p> <p>Play alongside others.</p>	<p>Select and use activities and resources with increased independence.</p> <p>Develop the confidence to play with another child.</p>	<p>Select and use activities and resources independently.</p> <p>Play within a small group.</p>	<p>Confidently access new activities with some initial support.</p> <p>Persevere in the face of a challenge with some adult support.</p> <p>Play within a variety of social situations.</p>	<p>Be confident to try new activities and show independence, resilience, and perseverance in the face of challenge.</p>	<p>PD</p>	
	<p>Share and take turns with adult guidance.</p> <p>Increasingly follow rules understanding why they are important.</p>	<p>Begin to share and take turns without always requiring adult guidance.</p> <p>To understand and begin to share their likes and dislikes with familiar adults.</p>	<p>Frequently share and take turns within familiar contexts.</p> <p>To share their likes and dislikes with others in a familiar setting.</p>	<p>Adhere to familiar rules within familiar contexts.</p> <p>See themselves as a valued individual by sharing their history, culture and family set up.</p>	<p>Explain the reason for rules, know right from wrong and try to behave accordingly.</p>		
	<p>Show more confidence in new social situations.</p> <p>Be more outgoing with unfamiliar people in a safe context.</p> <p>Go to the toilet with reminders and some adult guidance with routine.</p> <p>Take coat on/off and finish fastening.</p>	<p>Flush the toilet and wash hands after going to the toilet with reminders.</p> <p>Select a healthy snack with guidance.</p> <p>Take shoes on/off.</p>	<p>Wash hands and flush toilet independently.</p> <p>Select a healthy snack.</p> <p>To change into PE kit with support when needed.</p>	<p>Know when it is appropriate to wash hands and manage personal hygiene such as blowing nose on tissue with some guidance.</p> <p>Understand why we need to make healthy food choices.</p> <p>Manipulate fastenings and buttons with help when needed.</p>	<p>Manage their own basic hygiene and personal needs, including dressing, going to the toilet, and understanding the importance of healthy food choices.</p>		